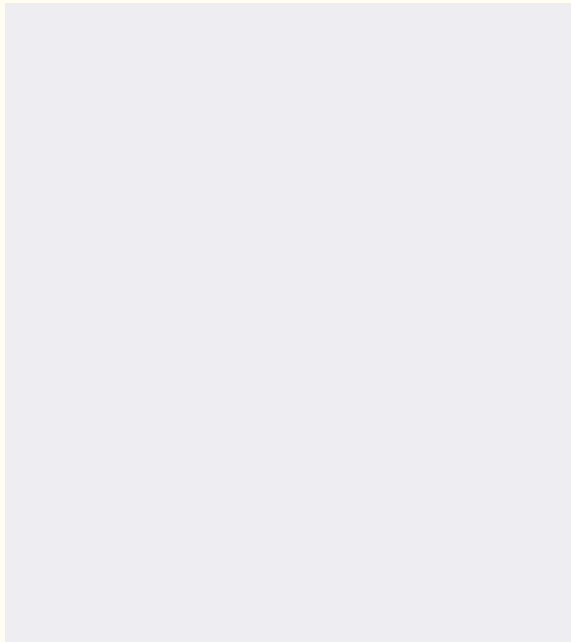


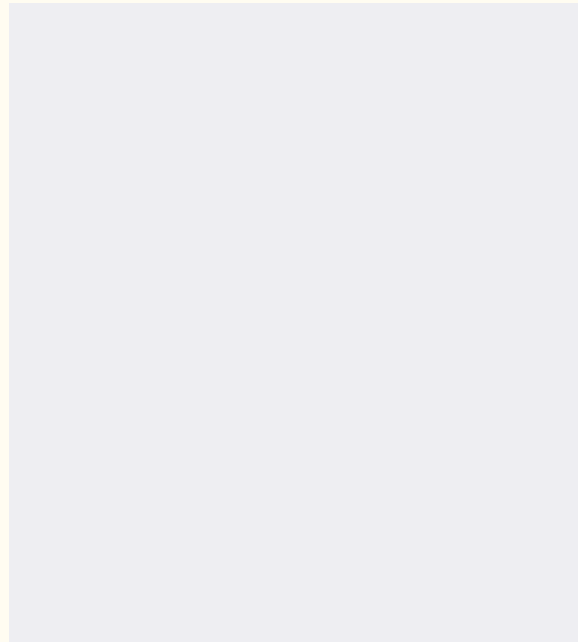
Priorities in Health

A PRODUCTIVE ROADMAP

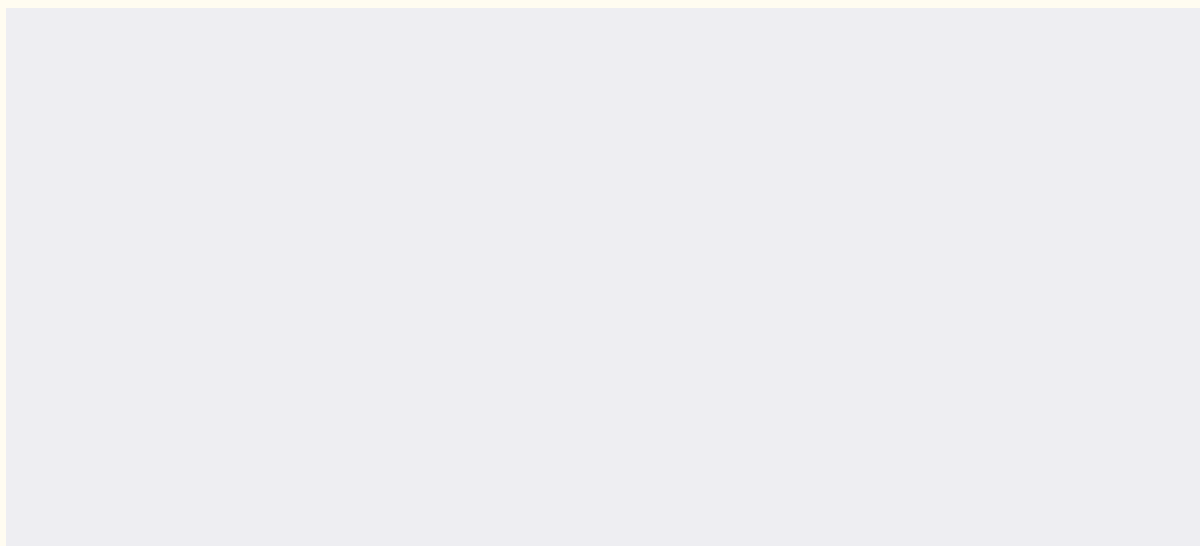
MY PRIORITIES



PLAN OF ATTACK



DETERMINING MY WHY



I commit to my health

RUTHLESS WITH MY TIME